

Dundas Community Services presents...

Dundas Annual Seniors Fair

Displays on aging at
home successfully ...

Exercise • Health

Nutrition • Travel



Highlights of the day include:

10:30am - “Cannabis use for the Older Adult” presented by Michelle Parrotta, Hello Cannabis—Dundas

11:30am - **Sing4Fun** by David Papernick & Dundas 55+ Group singers!

12:30pm - “Healthy Aging” presented by Barbara Carpio, BScN, MScN, MScT

1:30pm - “Alzheimer’s & Dementia” presented by Anne Swift, Alzheimer Society

Dundas Lions Memorial Community Centre

10 Market Street South, Dundas, ON

Tuesday, June 11th, 2019

10:00 am to 2:00 pm

Call 905-627-5461 for more information!

